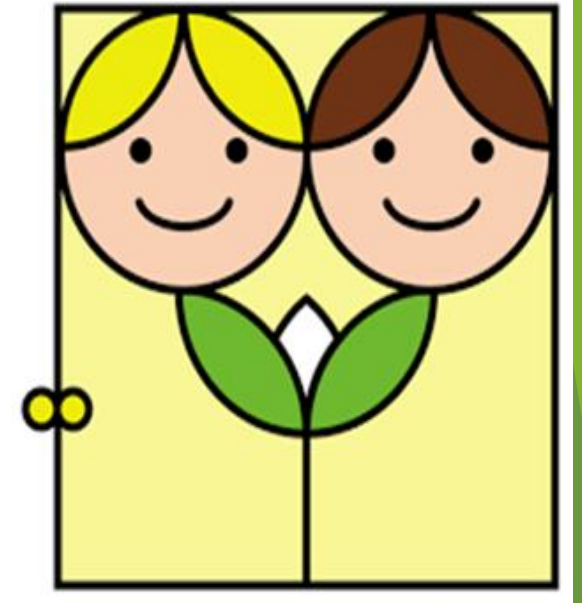




KINDERGARTEN ANTONA MEDVEDA KAMNIK



A day without consuming food 2024

Erasmus+ Food in schools and climate changes-
What is the connections? I take actions

The graduated educator of pre-school children Lidija Mali

SMALL GROWS BIG



Goals, that guide us:

- They are realising meaning of produced food. Also activities in frame of Ekoschool, that is striving with projects, that help with rising awareness of children and parents, already for many years, contribute to this much.
- Goals are our to group to reduce and to make occurring of discarded food impossible at home and in kindergarten, to encourage practical use of unspent food and to show correct manner of storing of nutritional products
- Our goal is to also to train to correctly to recycle and to be putting down remainders of food (composting and separate disposal in container for biodegradable waste
- It is important also to increase consciousness on responsible treatment with food very much, and to educate about responsible treatment with food and discarded food



The day without discarded food - Together with parents

With variegated activities in kindergarten of Anton Medved Kamnik, we observe the day without discarded food every year.

- ▶ Of preparation of dish, from a potato, a rice, bread, fruit and vegetable, to use of herbs, that grow up on our small gardens. Only on such manner - **With example, not with words,**
- ▶ we will teach children, that it isn't food and it may not be waste material.



Our gardens:

- ▶ Children in our kindergarten are realising already from the small legs, how vegetable, fruit, increases aromatic plants and berries



Our garden, our food



Carrots



cucumbers
green beans

green pepper



Brussels sprouts



raspberries



fragrances



tea storage



We are watering our Eko gardens with rainwater



From the garden on a table - Meaning of locally produced food



- ▶ Consciousness, that one must brace children for this, that food is important, already in the earliest period, is starting also in kindergartens in last years and that it isn't it and it may not be waste material. That we don't throw a piece of bread, that we don't finish eating into the bin



preparation of spread



Remainders of bread -
Bread's crumbs





Porridge pie



Potatoes' dough from
remainders of the spelt
of potatoes



We organise relay race of seed every year, because we are aware of meaning of preservation of indigenous varieties of plants

