Environmental footprint of My Meals

Place the food item cards on the worksheet and record data on water use, CO₂ and other greenhouse gases, and land use in the table. Then calculate the environmental impact of the planned meal.

FOOD ITEM	P* – PORTION SIZE (kg)	Water Use (L/P*)	CO ₂ and other Greenhouse Gases (kg CO ₂ /P*)	Land Use (m²/P*)
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	_			
TOTAL				

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